



SVMA Member Wellness Support Program

The SVMA began subsidizing professional counselling services for members in 2012. Professional Psychologists and Counsellors (PPC) is based in Saskatoon and provides access to over 40 therapists across the province by referral.

The **Member Wellness Support Program** features:

✓ **No cost!**

The Wellness Program is a members' service included with your SVMA registration. There is no additional cost.

✓ **Open to ALL SVMA members**

The Member Wellness Support Program is open to **ALL** member veterinarians and vet techs.

✓ **No waiting period for eligibility**

All members are eligible immediately upon membership approval.

✓ **Registered mental health professionals**

Services are provided by registered psychologists and social workers only. Although PPC has one centralized intake (for quality control), counselling services are available in the following cities:

- | | | |
|--------------|-----------------|--------------------|
| • Regina | • Saskatoon | • Weyburn |
| • Moose Jaw | • Prince Albert | • Coronach |
| • Yorkton | • La Ronge | • North Battleford |
| • Kindersley | • Estevan | • Lloydminster |

If a member has someone different they would like to see in their area, PPC can arrange the counselling coverage with that therapist, providing they are registered and insured.

✓ **Four (4) counselling hours per calendar year**

Four hours are typically enough to enable those who desire to do so to get started on a counselling program. Additional hours are usually covered by a member's extended health plan.

✓ **Covers up to \$120 per visit.**

Please keep in mind that therapists charge differing rates, and costs over and above the \$120 per hour limit will need to be paid by the member.

✓ **Confidentiality**

At no time will SVMA know the identity or geographic area of persons using the service. PPC bills SVMA for all services anonymously, ensuring complete privacy for every user.

✓ **Mediation Services**

If you are having issues between practice staff members and mediation can help, the program will cover up to \$500 for in-practice mediation services. Costs beyond \$500 will have to be borne by the practice.

Contact Professional Psychologists & Counsellors (PPC) and provide your SVMA membership (license) number. PPC will provide intake, sourcing, vetting, referral and payment to the therapist. For more information or to make an appointment, contact:

Professional Psychologists & Counsellors (PPC)

1118 College Drive Saskatoon, SK S7N 0W2

Phone (306)664-0000

Fax (306)664-0037

www.peopleproblems.ca